

Highlighted activities of the Month

Environmental studies

As a part of the first project on "Our Heritage", the students initially shared their thoughts and ideas about what according to them is Heritage, Tradition and Culture. They also did a presentation on what they know about Indian Heritage. During the second phase of the project, students were given an opportunity to clear their misconceptions on the topic of Heritage as a part of which they did book research and visited Adalaj Step-well to explore more about Indian culture and heritage. One of the teacher was also invited as resource person to talk about their culture and traditions. Students were very excited throughout this entire project and with a lot of enthusiasm culminated this project by showcasing their models.

**Mathematics**

Students did a rigour on Division, Multiplication and Addition and Subtraction of fractions. They also had a hands-on experience of measuring liquids. They also had an activity of estimating weight of objects from their class room environment and then weighing the same. As a part of their theme "Our Heritage", an integration was done with EVS in the form of performance task, wherein they created a timeline of different epics and folk tales. As a part of their geometry, concept of perimeter was also introduced wherein they did an activity of measuring blocks outside their class room.

**English**

The students were introduced to folk tales and their characteristics. They enjoyed listening to folk tales as a part of their warmer activity. They came up with various characteristics of the folk tales during group discussion. They had fun sharing the folktales that they have heard about with their classmates. They enjoyed reading the two folk tales 'Sukhu and

Dukhu' and 'The Boy Who Sold His Wisdom'. They read the folk tales on their own in groups and answered the questions related to it. They also learnt grammar concepts - articles and punctuation. As a part of their performance task, they made up their own stories with a moral.

Hindi

The students made word web related to 'Our Heritage' which helped them to learn many new words in Hindi. Students enjoyed the group activities of our festivals, biography of Akbar, Taj Mahal, Hamare niyam, Hamara Vishwas etc. They collected the information about their own topics and enjoyed writing an informal letter. Students enjoyed the activity of writing a short paragraph on the topic given to them (e.g our Heritage). They collected the information about their own states as well.

ICT

Children were able to understand the purpose and the components of presentation program. They also created a presentation file on the topic related to 'Our Heritage'. They created presentation using information from the website. They also inserted layouts and design in the slides as per the content.

Co - Curricular Activities:

Celebrations:

- Teacher's Day
- International Literacy Day
- Hindi divas
- International day for Democracy
- International day for Peace
- World car free day
- World tourism day



Sports:

- **Football:** Children did warm up exercises and learnt different skills like: Passing, Dribbling and Stopping. Through these skills students learnt to do on the spot jogging and passing the ball in pairs.
- **Athletics:** Children did some stretching and warm-up exercises like planks and Push-ups. They also practiced different running skills like Australian Shuttle Run and ABC Running drill to improve in their 100m dash. They also played certain other games like King of the Ring to develop their leadership qualities. Children also practiced for Khel-mahakumbh.
- **Karate:** The students were given an idea to play in tournament and were taught certain punch techniques. Certain self-defence techniques were also introduced to them. Introduction of 'Kumite' was done for the tournament.

- **Yoga:** Children practiced doing certain breathing exercises, OM Chanting, Pranayam, and few asanas like Surya Namaskar, Tadasana, Padahasthana and Trikonasana. They even learnt about Asana for Meditation and Pranayam like Bhramari pranayam, Bhastrika Pranayam and Anulomvilom.

Visual Arts: Children created a silhouette painting on heritage theme with the help of teacher's demonstration, they selected one monument and painted it in silhouette style.

Performance Arts:

- **Music:** The students practiced on the song "Ekdantaya" and a prayer for Ganesh Chaturthi.
- **Dance:** Children learnt dance steps for Navratri celebration.
- **Drama:** The students wrote dialogues of the story- 'The school skeleton' in their own words.

Extra-curricular Activities:

- **Self enrichment:** Students culminated the module of 'Inquiry and Curiosity' by setting SMART goals in an attempt to incorporate inquiry-based approach and learning habits in their everyday life. They started with their new module 'Challenges in Growing Up'. Students reflected on various changes and challenges which people at various stages in life go through. They were introduced to the concept of puberty and the physical, social, and emotional changes which puberty leads to. Students also discussed various strategies to deal with these changes.
- **Interest Center:** As a part of their Visual-Spatial module, students were divided into smaller teams and started working on their story plots. While the authors were busy developing the story around the main characters, the illustrator team illustrated the characters of the story while the designer team designed the cover page of the story book.

House Activity:

As a part of their House activity, children performed a short skit on occasion of Hindi divas. They also prepared few puzzles and brain teasers as a part of Math mela.

Field trip:

As a part of the EVS project- "Our Heritage", students were taken to the Adalaj stepwell, wherein they got to know about the ancient heritage that exists in India and also the story behind it. They also drew few sketches, interviewed people and made final report on the same.



Student's reflection:

Class 4A

- **Aashi:** "I think heritage sites should be closed down for visits so that people don't scribble on it and damage it."
- **Janhavi-** "I used to think that Gujarati is our national language!."

Class 4B

- **Shaarika:** "Our Mother tongue is also a part of our heritage."
- **Mihir:** "When there were kings and queens, they made some culture an traditions."